



Parramatta Assistance Card

In an emergency, call 000

General Numbers

Mission Australia – Link2Home	1800 152 152
Centrelink	132 468
FACS Housing NSW	1800 422 322
Aboriginal Housing Office NSW 33 Argyle Street, Parramatta	1800 727 555

Crisis Numbers

Child Protection Help Line	132 111
Kids Help Line	1800 551 800
The Salvation Army- <i>Emergency Assistance</i>	1300 371 288
The Salvation Army 426 Church Street, North Parramatta	9891 4526
Lifeline	13 11 14
24 Hour Domestic Violence Line	1800 65 64 63
NSW Rape Crisis Centre	1800 424 017
Alcohol and Drug Information Service	9361 8000
Elders Abuse Helpline	1800 628 221

Emergency Relief

Mission Australia	(02) 8886 4932
Parramatta Mission 119 Macquarie St Parramatta	9891 2277
St Vincent de Paul Welfare line	1800 606 724
Salvation Army 34 Smith St Parramatta 2150	9635 6870
The Stepping Stone Including lunch packs/showers	9636 7400
RSPCA Safe Pets Program	9770 7555
The Staple Bag – Parramatta Mission Every 2 nd Thursday 11.30am – 1pm \$20 bag pantry staples	9891 2277

Accommodation

Hope Hostel (Men 18+)	9683 1630
Evolve Youth Housing	1800 693 865 (Press Option 3)
Parramatta Mission Youth Hub	8880 8222
Jesuit Refugee Service Australia	9098 9336

Health

Parramatta Community Health Service	9843 3222
High St Youth Health Service (12 – 24 years)	8860 2500
Cumberland Women’s Health Centre	9689 3044
Parramatta Mental Health Crisis Team	1800 011 511
Westmead Hospital	8890 5555
Children’s Hospital Westmead	9845 0000
Cumberland Hospital	9840 3000
Western Sydney Drug & Alcohol Service	9840 3355
Parramatta Mission	9891 2277
Street Med	1800 899 529
Catholic Healthcare Hoarding and Squalor Resource Unit	1300 345 852
Catholic Healthcare Intake Team (Services for people over 65 seeking help at home to reduce their risk of homelessness)	1800 225 474

Legal Information

Welfare Rights Centre	9211 5300
Youth Legal Hotline (Under 18 only) Open Mon & Wed 9.30am to 1pm only	1800 101 810
Legal Aid NSW	9891 1600
Western Sydney Community Legal Centre	8833 0911
Parramatta Mission	9891 2277
Parramatta Police Station 95 Marsden Street, Parramatta	9633 0799
Aboriginal Legal Service 33 Argyle Street, Parramatta	8836 3400



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Services for Women	
Blacktown/Hills Homelessness Service for Pregnant Girls & Young Mums – Houses2Homes	9837 2095
Blacktown/Hills Homeless Service for Single Women including Victims of Domestic and Family Violence	4732 2318
Alice's Support Services	9622 9791
Mission Australia Homelessness Outreach, Prevention & Rapid Rehousing Service	1800 384 331
Free legal & social support to women who have experienced domestic violence	8833 0922
Flourish Homelessness Service for Women with Mental Health Issues with Children	9393 9333
Family Advocacy & Support Services (FASS) Free legal & social support to women who have experienced domestic violence	8833 0922
Western Sydney Homelessness Outreach, Prevention & Rapid Rehousing Service	1800 384 331
Parramatta Mission Homelessness Service for Single Women and Women with Children Escaping Domestic Violence	9891 2277
Relationships Education Program "Women Choice and Change" - Counselling (individual, couples and family counselling)	9806 3299
Services for Young People	
Blacktown/Hills Homeless Young Families	8886 6331
Blacktown/Hills Homelessness Service for Pregnant Girls & Young Mums	9837 2095
Parramatta Mission Homelessness & Housing Support Youth Service	9891 2277
Western Sydney Homeless Youth Assistance Program	8881 4800
Mission Australia Homelessness Outreach, Prevention & Rapid Rehousing Service	1800 384 331
Western Sydney Youth Prevention/Living Skills Service – Youth Resolutions	9680 1201
Aftercare Resource Centre (ARC) - Case work support for young people existing Out of Home	9633 1233
RAPS – Family Therapy for Young People and their families	9806 3299
Evolve Youth Housing	1800 693 865 (Press Option 3)

Services for Families	
Alice's Support Services	9622 9791
Blacktown/Hills Homeless Young Families	8886 6331
Blacktown/Hills Homelessness Service for Pregnant Girls & Young Mums- Houses2Homes	9837 2095
Blacktown/Hills Women with Children Escaping Domestic Violence and Other Families- Refuge Outreach Action Response	9621 8253
Parramatta Mission Homelessness Service for Single Women and Women with Children Escaping Domestic Violence	9891 2277
Parramatta Mission Homelessness & Housing Support Youth Service	9891 2277
Parramatta/Holroyd/Hills Homelessness & Housing Support Youth Service	9857 2525
Western Sydney Homelessness Outreach, Prevention & Rapid Rehousing Service	1800 384 331
Western Sydney Homelessness Service for Women with Mental Health Issues with Children	9393 9333
Counselling – (Individual, couples and family counselling)	9806 3299
Services for Men	
Adele House (Drug & Alcohol Rehabilitation Only)	1300 286 693
Western Sydney Homelessness Outreach, Prevention & Rapid Rehousing Service	1800 384 331
Western Sydney Single Men's Homelessness Service – Men2Home	9683 1630
Family Advocacy & Support Services (FASS) Free legal & social support to men who have experienced domestic violence	8833 0922
St Vincent de Paul Western Sydney Single Men's Homelessness Service	0419 696 673
Relationships Education Program "Taking Responsibility" – Counselling (individual, couples and family counselling)	9806 3299